

Shabbat at Home

Can't make it into synagogue for Shabbat services? Don't worry! Shabbat has long been a "home ritual" in Judaism as well. While Reform Jews typically do not keep *shomer Shabbos* (a strict observance of Shabbat rules, such as not driving or using electricity), Shabbat has come to be a meaningful time for families to spend time together. At the very least, Shabbat should be a time to do something *different* than the rest of the week. Entrances to the holy and the spiritual are everywhere!

Please see below the blessings over the Shabbat Candles, the wine, and the Challah.
Shabbat Shalom!

The Blessing over the Shabbat Candles:

BARUCH atah, Adonai
Eloheinu, Melech haolam,
asher kid'shanu b'mitzvotav,
v'tzivanu l'hadlik
ner shel Shabbat.

בָּרוּךְ אַתָּה, יי
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,
וְצִוָּנוּ לְהַדְלִיק
נֵר שֶׁל שַׁבָּת.

BLESSED ARE YOU, Adonai our God, Sovereign of the universe,
who hallows us with mitzvot,
commanding us to kindle the light of Shabbat.

The Blessing over Wine (or grape juice)

BARUCH atah, Adonai
Eloheinu, Melech haolam,
borei p'ri hagafen.

בָּרוּךְ אַתָּה, יי
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
בּוֹרֵא פְּרִי הַגָּפֶן.

PRAISE TO YOU, Adonai our God, Sovereign of the universe,
Creator of the fruit of the vine.

The Blessing over Challah

ברוך אתה, יי אלהינו,
מלך העולם,
המוציא לחם מן הארץ.
Baruch atah, Adonai Eloheinu,
Melech haolam,
hamotzi lechem min haaretz.

Our praise to You, Adonai our God, Sovereign of the universe,
who brings forth bread from the earth.